



## Frozen Berry Yogurt Cups

### INGREDIENTS

1 cup of granola  
1 Tbsp of melted butter  
1-2 Tbsp of honey, or to preference  
24 oz of favorite yogurt  
Fresh blackberries, blueberries, strawberries



### DIRECTIONS

1. Combine granola, melted butter, and honey - mix well.
2. Fill a muffin tin with cup liners and evenly divide mixture over all cup bottoms. Hint: silicone cup liners work great!
3. Fill cups with yogurt, top with fresh berries, and freeze. Nutritious, frozen treats are ready to enjoy in about 2 hours. Makes about 10 treats.