



Blueberry French Toast Bake

INGREDIENTS

6 eggs
3 cups whole milk
1/2 cup maple syrup
2 teaspoons of cinnamon
1/4 teaspoon salt
1 lemon zested
8 ounces of sourdough bread cut into bite size cubes
2 cups fresh blueberries
Sugar and cinnamon for sprinkling



DIRECTIONS

1. Preheat oven to 350 degrees F. Butter 9×13 baking dish.
2. In an extra large bowl, beat eggs; stir in milk, syrup, cinnamon, salt and lemon zest. Mix well. Add bread cubes and mix till coated; stir in blueberries.
3. Pour the mixture into buttered baking dish and lightly sprinkle cinnamon and sugar on top. Bake for approximately 45 minutes – till set and golden brown.

Recipe inspired by Giada De Laurentiis